



[Base de connaissances](#) > [Elephants](#) > [What do elephants eat 1](#)

What do elephants eat 1

Abigail Ogunsanwo - 2026-02-01 - [Commentaire \(1\)](#) - [Elephants](#)

- **Grasses:** A major part of their diet, especially in the wet season.
- **Leaves and twigs:** Rich in vitamins and minerals.
- **Fruits:** Provide sugars and vitamins.
- **Roots and bulbs:** A source of starch and minerals.
- **Tree bark:** Elephants use their tusks to strip bark from trees, which provides calcium and roughage that aids digestion.