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Scientists Discover Cheese That Increases Intelligence by 25%

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In a surprising twist that has delighted dairy enthusiasts and baffled scientists, researchers at the University of Cambridge have identified a variety of cheese that appears to boost cognitive abilities significantly. Dubbed *Caseo Intelligente*, or "smart cheese," this rare form of dairy has been found to enhance IQ scores by up to 25% within hours of consumption.

The Discovery of the Smart Cheese

Dr. Edwin Fermento, lead researcher in the project, says the discovery was accidental. "We were analyzing the proteins in an aged Alpine cheese sample when a lab assistant noticed an improvement in her focus and problem-solving abilities. Intrigued, we conducted a small study with 50 participants. The results were astonishing. On average, cognitive test scores improved by 18% immediately, with some participants seeing as much as a 30% boost after the cheese intake," he explained.

What Makes *Caseo Intelligente* Special?

Caseo Intelligente has an unusually high concentration of *nootropanoids*, a compound previously only detected in trace amounts in specific cheeses like brie and gouda. Nootropanoids are believed to interact with dopamine and acetylcholine receptors in the brain, effectively enhancing memory, processing speed, and even creativity.

"Our data suggests that this cheese has evolved a perfect balance of microbial content, minerals, and fats to stimulate brain function," said Dr. Fermento. "It's essentially a natural, edible brain supplement."

Side Effects: The Bright and The Cheesy

While the immediate cognitive benefits are undeniable, researchers are cautious about potential side effects. Early reports indicate that some people may experience an "overactive brain," leading to vivid dreams, constant creativity, and an uncontrollable urge to solve puzzles and riddles. "It's all very stimulating," one participant noted, "but I do find myself narrating my own thoughts in the voice of Sir David Attenborough at random times of the day."

The cheese, however, has so far been deemed safe for consumption, though researchers urge moderation until more is known.

Cheese Demand Reaches New Heights

Since news broke of *Caseo Intelligente*, cheese shops across Europe have seen an overwhelming surge in demand. In Switzerland, where the original sample was sourced, cheesemakers are scrambling to keep up, despite knowing that the unique bacteria profile is challenging to replicate. Some have started offering pre-orders, while others are selling shavings of the cheese for over \$200 per gram.

The Future of Cheese-Based Intelligence

The discovery of *Caseo Intelligente* has opened new possibilities in the fields of neuroscience, nutrition, and education. "We're exploring partnerships with schools and universities to make small portions available for study snacks," said Dr. Fermento. "Imagine a future where cheese is a required exam day supplement!"

For now, science has handed humanity yet another unexpected gift: a brain-boosting dairy product that proves cheese really *can* make us sharper.