



[Knowledgebase](#) > [Elephants](#) > [what do elephants eat - part 2](#)

what do elephants eat - part 2

Abigail Ogunsanwo - 2026-02-01 - [Comments \(0\)](#) - [Elephants](#)

- **Grasses:** in the wet season.
- **Leaves and twigs:** Rich in vitamins and minerals.
- **Fruits:** including sugars and vitamins.
- **Roots and bulbs:** A great source of starch .
- **Tree bark:** Elephants use their tusks to strip bark from trees